



Winter/Spring 2025 Training Calendar

All workshops are open to the public, FREE of charge
Visit www.nashvillez.org/professional-development to register

JANUARY

JAN

14

2025

Improvement Planning Webinar

10:00am - 11:00pm | Virtual

The Weikart Center will provide training that guides participants through the program improvement planning process step-by-step.

JAN

15

2025

PQA Focus Domain Session: Supporting Plans and Goals

11:00am - 1:00pm | Coleman Park Community Center

The instructional coaching sessions will empower providers with essential strategies and techniques to enhance the quality of their programming.

JAN

22

2025

Adverse Childhood Experiences (ACEs) & Positive Childhood Experiences (PCEs)

9:00am - 10:00am | Virtual

We discuss the prevalence and issues related to positive and adverse childhood experiences, including societal trauma, and how they can manifest in schools and impact learning.

FEBRUARY

FEB

4

2025

Introduction to Positive Youth Development

10:30am - 2:30pm | Southeast Branch Library

This dynamic training will help you do your best work with youth. You will learn about the 5 Principles of Positive Youth Development.

FEB

12

2025

Building Strong Brains

10:00am - 12:00pm | Virtual

The interaction between genes and experiences plays a vital role in developing a young child's brain. This training will provide participants with strategies to mitigate the effects of ACEs.

FEB

18

2025

Advanced Positive Youth Development

10:30am - 2:30pm | Southeast Branch Library

How do you best support a young person? How do you help them cultivate key mindsets and develop essential skills? How can you help them connect with people and opportunities?

MARCH

MAR
6
2025

3rd Annual Learn, Engage, Develop! (L.E.D.) Conference

11:00am - 1:00pm | Main Library Conference Center

Join us for a full day of workshops covering topics such as integrating youth voice, family engagement, curriculum development, mindfulness, DEI, restorative practices, and more!

MAR
27
2025

Become a Youth Mental Health First Aider

9:00am - 3:00pm | Location TBD

Youth Mental Health First Aid is designed to teach adults how to help an adolescent (ages 12-18) who is experiencing a mental health or addiction challenge or is in crisis.

MAY

MAY
1
2025

Question, Persuade, Refer (QPR) Suicide Intervention Training

9:00am - 11:00am | Location TBD

QPR is a suicide prevention training for participants to be able to recognize the warning signs of suicide and question, persuade, and refer people at risk for suicide for help.

