



# Winter/Spring 2025 Training Calendar

*All workshops are open to the public, FREE of charge*

*Visit [www.nashvillez.org/professional-development](http://www.nashvillez.org/professional-development) to register*

## JANUARY

JAN

14

2025

### **Improvement Planning Webinar**

**10:00am - 11:00am | Virtual**

The Weikart Center will provide training that guides participants through the program improvement planning process step-by-step.

JAN

15

2025

### **PQA Focus Domain Session: Supporting Plans and Goals**

**11:00am - 1:00pm | Coleman Park Community Center**

The instructional coaching sessions will empower providers with essential strategies and techniques to enhance the quality of their programming.

JAN

22

2025

### **Adverse Childhood Experiences (ACEs) & Positive Childhood Experiences (PCEs)**

**9:00am - 10:00am | Virtual**

We discuss the prevalence and issues related to positive and adverse childhood experiences, including societal trauma, and how they can manifest in schools and impact learning.

JAN

29

2025

### **MNPS School Safety Preparedness Training**

**10:00am - 11:30am | Otter Creek Church - West End**

This training will provide an overview of several aspects of school safety, including emergency planning and response, visitor management, safety drills, and active intruder response.

## FEBRUARY

FEB

4

2025

### **Introduction to Positive Youth Development**

**10:30am - 2:30pm | Southeast Branch Library**

This dynamic training will help you do your best work with youth. You will learn about the 5 Principles of Positive Youth Development.

FEB

5

2025

### **Trauma-Informed, Equity-Centered School Practices**

**9:00am - 10:00am | Virtual**

Learn a practical framework of trauma-informed, equity-centered school practices that participants can use to build relationships and contexts that help all students learn and succeed.



**NAZA**  
NASHVILLE AFTER ZONE ALLIANCE

FEB

12

2025

### **Building Strong Brains**

**10:00am - 12:00pm | Virtual**

The interaction between genes and experiences plays a vital role in developing a young child's brain. This training will provide participants with strategies to mitigate the effects of ACEs.

FEB

18

2025

### **Advanced Positive Youth Development**

**10:30am - 2:30pm | Southeast Branch Library**

How do you best support a young person? How do you help them cultivate key mindsets and develop essential skills? How can you help them connect with people and opportunities?

## MARCH

MAR

6

2025

### **3rd Annual Learn, Engage, Develop! (L.E.D.) Conference**

**11:00am - 1:00pm | Main Library Conference Center**

Join us for a full day of workshops covering topics such as integrating youth voice, family engagement, curriculum development, mindfulness, DEI, restorative practices, and more!

MAR

27

2025

### **Become a Youth Mental Health First Aider**

**9:00am - 3:00pm | Martha O'Bryan Center - Hope Building**

Youth Mental Health First Aid is designed to teach adults how to help an adolescent (ages 12-18) who is experiencing a mental health or addiction challenge or is in crisis.

## April

April

3

2025

### **PQA Focus Domain Session: Supportive Environment**

**11:00 am - 1:00 pm | Looby Branch Library**

The instructional coaching sessions will empower providers with essential strategies and techniques to enhance the quality of their programming.

# MAY

MAY  
**1**  
2025

## **Question, Persuade, Refer (QPR) Suicide Intervention Training**

**9:00am - 11:00am | Martha O'Bryan Center - Hope Building**

QPR is a suicide prevention training for participants to be able to recognize the warning signs of suicide and question, persuade, and refer people at risk for suicide for help.

MAY  
**22**  
2025

## **Curiosity, Learning & Growth Mindset IGP Curriculum Workshop**

**10:30 am - 12:30 pm | Southeast Branch Library**

Discover the concepts of Curiosity, Learning, and Growth Mindset that are integral to Nashville's Vision for Holistic Youth Development. This workshop will guide you in teaching a curriculum centered around these principles to enhance your students' learning experiences.

MAY  
**29**  
2025

## **Identity & Self-Awareness IGP Curriculum Workshop**

**10:30 am - 12:30 pm | Southeast Branch Library**

Explore identity and self-awareness, key elements of Nashville's Vision for Holistic Youth Development. This workshop shows how to teach a curriculum focused on these concepts to improve students' learning experiences.

