



Winter/Spring 2025 Training Calendar

All workshops are open to the public, FREE of charge
Visit www.nashvillez.org/professional-development to register

JANUARY

JAN
14
2025

Improvement Planning Webinar

10:00am - 11:00am | Virtual

The Weikart Center will provide training that guides participants through the program improvement planning process step-by-step.

JAN
15
2025

PQA Focus Domain Session: Supporting Plans and Goals

11:00am - 1:00pm | Coleman Park Community Center

The instructional coaching sessions will empower providers with essential strategies and techniques to enhance the quality of their programming.

JAN
22
2025

Adverse Childhood Experiences (ACEs) & Positive Childhood Experiences (PCEs)

9:00am - 10:00am | Virtual

We discuss the prevalence and issues related to positive and adverse childhood experiences, including societal trauma, and how they can manifest in schools and impact learning.

JAN
29
2025

MNPS School Safety Preparedness Training

10:00am - 11:30am | Otter Creek Church - West End

This training will provide an overview of several aspects of school safety, including emergency planning and response, visitor management, safety drills, and active intruder response.

FEBRUARY

FEB
4
2025

Introduction to Positive Youth Development

10:30am - 2:30pm | Southeast Branch Library

This dynamic training will help you do your best work with youth. You will learn about the 5 Principles of Positive Youth Development.

FEB
5
2025

Trauma-Informed, Equity-Centered School Practices

9:00am - 10:00am | Virtual

Learn a practical framework of trauma-informed, equity-centered school practices that participants can use to build relationships and contexts that help all students learn and succeed.

FEB
12
2025

Building Strong Brains

10:00am - 12:00pm | Virtual

The interaction between genes and experiences plays a vital role in developing a young child's brain. This training will provide participants with strategies to mitigate the effects of ACEs.

FEB
18
2025

Advanced Positive Youth Development

10:30am - 2:30pm | Southeast Branch Library

How do you best support a young person? How do you help them cultivate key mindsets and develop essential skills? How can you help them connect with people and opportunities?

MARCH

MAR
6
2025

3rd Annual Learn, Engage, Develop! (L.E.D.) Conference

11:00am - 1:00pm | Main Library Conference Center

Join us for a full day of workshops covering topics such as integrating youth voice, family engagement, curriculum development, mindfulness, DEI, restorative practices, and more!

MAR
27
2025

Become a Youth Mental Health First Aider

9:00am - 3:00pm | Location TBD

Youth Mental Health First Aid is designed to teach adults how to help an adolescent (ages 12-18) who is experiencing a mental health or addiction challenge or is in crisis.

MAY

MAY
1
2025

Question, Persuade, Refer (QPR) Suicide Intervention Training

9:00am - 11:00am | Location TBD

QPR is a suicide prevention training for participants to be able to recognize the warning signs of suicide and question, persuade, and refer people at risk for suicide for help.

