

Winter/Spring 2025 Training Calendar

All workshops are open to the public, FREE of charge Visit **www.nashvillez.org/professional-development** to register

JANUARY



PQA Focus Domain Session: Supporting Plans and Goals 11:00am - 1:00pm | Coleman Park Community Center The instructional coaching sessions will empower providers with essential strategies and techniques to enhance the quality of their programming.

FEBRUARY

FEB **4** 2025

Introduction to Positive Youth Development 10:30am - 2:30pm | Southeast Branch Library

This dynamic training will help you do your best work with youth. You will learn about the 5 Principles of Positive Youth Development.

FEB **12** 2025

Building Strong Brains

10:00am - 12:00pm | Virtual

The interaction between genes and experiences plays a vital role in developing a young child's brain. This training will provide participants with strategies to mitigate the effects of ACEs.



Advanced Positive Youth Development 10:30am - 2:30pm | Southeast Branch Library

How do you best support a young person? How do you help them cultivate key mindsets and develop essential skills? How can you help them connect with people and opportunities?

MARCH



3rd Annual Learn, Engage, Develop! (L.E.D.) Conference

11:00am - 1:00pm | Main Library Conference Center

Join us for a full day of workshops covering topics such as integrating youth voice, family engagement, curriculum development, mindfulness, DEI, restorative practices, and more!





