

Youth In Action!

A guide to our year of youth led projects...

2021-2022

Youth In Action! is a network of young people taking action on issues that we care about. Visit https://nashvillez.org/ for more information.



Y-QUEST AT THE NORTHWEST YMCA

Our mission is to create a space to have fun in, be happy and healthy in, and where we can get to know each other!





DYMON AT HG HILL

"We believe that all people are equal, and all deserve the right to essential necessities, whether they are rich or poor. We want to give people what they need and also things that will make them happy"

HOMELESS DRIVE

WE RESEARCHED HOMELESSNESS IN NASHVILLE AND COLLECTED DONATIONS AT OUR SCHOOL FOR THE HOMELESS AT THE NASHVILLE RESCUE MISSION! WE ALSO MADE CARDS AND BRACELETS FOR THE 200+ YOUTH THEY SERVE.

DONATING HOT MEALS

- 24 DYMON and AYES youth Partnered with a local restaurant where they learned how to make balanced meals from a chef in a real kitchen!
- They made over 50 hot meals for an LGBTQ+ youth group home and for other homeless people in Nashville.
- They also made cards for these people to spread Positivity and kindness <3!

Y-QUEST AT DUPONT TYLER

Our mission is to save the sea animals from the trash because the litter makes the water dirty and unsafe. We will achieve this by communicating the problem to younger students and adults by presenting and displaying ecosystem examples. This creates a more safe, clean, and nicer environment for everyone to enjoy.

READING THE WO

BY SHOWING YOUNGER STUDENTS AT TULIP GROVE HOW TO RECYCLE...

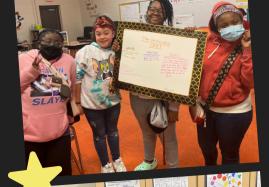
WE TAUGHT THEM ABOUT HELPING THE ENVIRONMENT AND USED RECYCLABLES TO MAKE ART TOGETHER TO PUT UP AT SCHOOL

SCHOOL CLEANUP

35 youth researched facts about the environment and effects that things like littering have on it..

Then collected trash at their school in order to clean up our environment and show other students that it is important not to litter





RIPPERS AVALA

DYMON AT MADISON

We want to teach kids about being kind to others. We want to inspire them with positivity and kindness. We want to create our own empowering activities for them to show they can do anything.

OUR PLANNING

WE GOT INTO TWO GROUPS WHO RESEARCHED WHAT CHILDREN NEED IN NASHVILLE AND WE DECIDED THAT WE WANTED TO SPREAD LOVE TO OTHERS. WE REACHED OUT TO MARTHA O' BRYAN CENTER TO VISIT THEIR KIDS AT EXPLORE! CHARTER SCHOOL IN SOUTH NASHVILLE.

SPREADING THE LOVE

- The first group created an activity about respect, kindness, and teaching youth how to share their feelings.
- The second group designed an activity to teach kids about safety and trust.
- Overall 21 youth hosted Powerful conversations with younger youth on important topics.

Y-QUEST AT EAST

Our mission is to help people learn tools to get rid of stress. We believe that everyone can get stressed sometimes, and many of our friends and classmates often feel stressed. We are creating activities that kids can do at school or their house with things they already have so that everyone can be able to feel better.

TOOLS TO DE STRESS

WE HOSTED A CULMINATING EVENT TO TEACH OUR COMMUNITY HOW TO REDUCE STRESS WITH TOOLS FOUND AT HOME. WE FOCUSED ON EDUCATING OUR GUESTS BY TEACHING THROUGH KAHOOT, SPORTS, ART, FOOD, AND MUSIC.

ALL ABOUT STRESS

- 32 youth researched what causes stress + how it affects them, and discussed how COVID-19 has created a more stressful environment...
- Put together different mediums to inform people how they can better relax...
- Held conversations with adults in their lives on how to incorporate these practices at home and in programming







NATIONS MINISTRY CENTER AT MCMURRAY

28 YOUTH AT NATIONS PLANNED TO SHOWCASE THEIR DIFFERENT CULTURES BY DESIGNING A BENCH MADE BY NASHVILLE TOOLS FOR SCHOOLS FOR THEIR SCHOOL GROUNDS. THEY PLAN TO DECORATE THE BENCH DURING SUMMER PROGRAMMING SO THAT THEY MAY DONATE IT NEXT



